

# Britta's Mood Cards



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Dear reader,

this book is a short introduction into the art of laying the cards. This art is very much depending on the personal intuition of the person practicing it. Every person has to find their own system of laying cards. This book can only offer a guideline. Therefore neither the author nor the publishers are to be held responsible for any misinterpretation made by using this book.

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Translated by [Eugen Grathwohl](#)

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## Britta's Mood Cards



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### The 7 Mood Cards

We all know these mood swings, up and down - which persistently can affect our daily life.

There are days when we would like to hug the whole world, and at another time when - without a reason - we would like to hide in mouse hole and stay there for a long time. These feelings often marked easily and wrongly as "bad mood", influences our daily life more than what we are aware of.

For sure everybody has acted out of a bad mood and probably brought himself and others into smaller or even bigger difficulties. Sometimes a careless word, which in a different situation would not have caught our attention, is enough to make us go "berserk" on such a "bad day".

We act hastily as well as thoughtless and unintentionally often hurt the feelings of those around us. No matter how much we later regret it, the once said hardly or only with great effort can be made undone.

In a case like that get advice from the seven Mood Cards. With the help of these Mood Cards you can better analyze your daily moods and act accordingly.

*Yours, Britta*

# Britta's Mood Cards



## The Questioning of the Cards

Please shuffle the cards at least 7 times and then distribute them on the table face down.

Now, with the left hand pick a card and look at it calmly.

### *What does it tell you?*

What do you feel if you contemplate about the card's message? To what extend could this card be an omen or a theme for the pending day or the pending events?

The meaning of the Mood Card depends on two equal factors: The color and its gradient form **light to dark** or from **dark to light**.

Here, in an example of picking a red card

with the color gradient from light to dark,  
then it indicates

*determination and drive.*



With a color gradient from **dark to light**,  
the same card warns of fast  
by

*emotions driven actions,  
and alerts against fury, anger and aggressions.*



# Britta's Mood Cards



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## The meaning of the Mood Cards and its color gradients:

**Red:** from light to dark:



determination, energy  
fire  
Power  
clear objective  
magnanimity/greatness of heart  
string emotions

**Red:** from dark to light:



Aggressions  
quarrelsomeness  
fight  
wrath  
rage  
jealousy

# Britta's Mood Cards



**Blue:** *from light to dark:*



Deep emotions  
devotion,  
gift of meditation,  
sensibility,  
love,  
sometimes tendency to  
helpfulness,  
misjudgment of reality,  
dreamy nature

**Blue:** *from dark to light:*



strong imagination,  
tendency to mental  
thoughtfulness,  
sometimes a tendency  
to want to ignore  
reality.

# Britta's Mood Cards



**Yellow:** *from light to dark:*



versatility,  
optimism,  
enjoyment of communication  
happiness,  
willingness to do something

**Yellow:** *from dark to light:*



tendency to  
do to many things  
insecurity  
tensions  
nervousness

# Britta's Mood Cards



**Green:** *from dark to light:*



hope  
calmness  
to be in balance  
with oneself and the environment  
love for nature

**Green:** *from light to dark:*



a certain naivety  
and a tendency  
to get lost  
in an activity/idea  
to easily

# Britta's Mood Cards



**Orange:** *from dark to light:*



enthusiasm  
warmth of heart  
self reliance  
modesty  
need for love and  
harmony

**Orange:** *from light to dark:*



sensibility  
(com)passion  
need for harmony  
gentleness



# Britta's Mood Cards

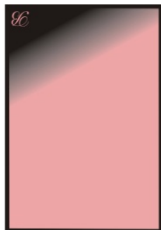


**Pink:** *from light to dark:*



need for harmony  
superiority  
inner compensation/balance  
acceptance, dedication  
sometimes tendency to  
naivety

**Pink:** *from dark to light:*



addiction to criticism  
overly ambitiousness  
ambition  
hardness/toughness  
intelligence  
talent

# Britta's Mood Cards



**Brown:** *from light to dark:*



renewal in life  
motherliness  
protection  
earthiness  
sense of reality

**Brown:** *from dark to light:*



missing flexibility  
rigidity  
constriction  
overly realistic

**Remark:**

Britta's 7 Mood Cards can be bought  
in the shop

[www.oracle-lenormand-cards.com](http://www.oracle-lenormand-cards.com)

# Britta's Mood Cards



## Example 2:

**First card** (Lenormand): **No. 28** (man)  
(partner, husband, spouse)

**No. 28 man**



**Question:** How is my partner?

**Answer:** My partner currently is  
in a situation of stress  
has problems at work.

**Card 2** (Mood Card): **brown**



# Britta's Mood Cards



## An exercise for you:

No. 4 house



No. 12 birds



*little grief/sorrows at home*

**Question:** How shall I react in this situation?

**Mood Card:** pink

need for harmony  
superiority  
inner compensation/balance  
acceptance, dedication  
sometimes tendency to naivety



**Color gradient:** *from light to dark,*

**My interpretation:**

*You are a person with a pronounced need for harmony. (Mood Card pink)*

*Constant quarrels and a depressed atmosphere pull you down. Hence it is understandable that you try to maintain harmony in your home. Kindly pay attention to keep a balance in giving and taking.*

*Be willing to compromise, but by all means do not do so always just to have peace.*

## Britta's Mood Cards



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### Closing statement

Go inside and try to look at the situation from a different point of view.

Could it be that there is a grain of truth in the statement the cards indicate?

Open up yourself and the cards will offer you impulses. With this aid you may be able to control and improve your situation.

I wish you furthermore enjoyment with the cards.

*Yours, Britta*

#### **Remark:**

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